
SAN BERNARDINO UNIFIED SCHOOL DISTRICT, CA

MIDDLE SCHOOL YOUTH RISK BEHAVIOR SURVEY

2003

Table 2l. Percentage of Middle School Students Who Had Rarely or Never Worn Seatbelts* and Who Had Ever Ridden in a Car with a Driver Who Had Been Drinking Alcohol, by Sex, Race/Ethnicity, and Grade—San Bernardino USD, CA, Middle School Youth Risk Behavior Survey, 2003

Question	Male		Female		Total	
	%	CI† (±)	%	CI (±)	%	CI (±)
Rarely or never wore seat belts						
Race/Ethnicity						
White§	10.1	8.7	6.2	5.0	8.1	4.9
Black§	4.0	3.3	6.6	3.9	5.4	2.5
Hispanic	13.3	3.3	10.4	3.0	11.9	2.6
Other	9.6	5.9	4.3	3.5	7.3	3.3
Grade						
6	8.1	4.4	2.8	3.7	5.4	2.8
7	10.8	3.5	7.7	2.6	9.3	2.4
8	13.1	3.9	14.8	4.5	13.9	3.3
Total	10.8	2.3	8.5	2.4	9.6	1.8
Rode with a driver who had been drinking alcohol						
Race/Ethnicity						
White	21.9	7.7	25.4	11.0	23.5	6.9
Black	28.4	8.1	29.8	8.8	29.1	6.9
Hispanic	33.5	5.3	33.6	4.7	33.6	4.1
Other	26.9	8.0	31.5	8.0	29.8	5.9
Grade						
6	18.9	7.0	22.4	5.1	20.8	5.1
7	28.7	5.4	28.3	6.0	28.5	4.4
8	42.5	7.2	45.8	7.1	44.1	5.5
Total	29.9	4.8	31.4	4.4	30.7	3.9

*When riding in a car.

†95% confidence interval.

§Non-Hispanic.

Table 31. Percentage of Middle School Students Who Had Rarely or Never Worn Bicycle Helmets* or Rollerblade or Skateboard Helmets,† by Sex, Race/Ethnicity, and Grade—San Bernardino USD, CA, Middle School Youth Risk Behavior Survey, 2003

Question	Male		Female		Total	
	%	CI [§] (±)	%	CI (±)	%	CI (±)
Rarely or never wore bicycle helmets						
Race/Ethnicity						
White [¶]	66.3	9.6	50.7	12.9	59.7	7.8
Black [†]	70.4	11.1	75.0	9.3	72.6	8.2
Hispanic	75.4	3.8	65.2	6.4	71.2	3.4
Other	66.9	10.8	—**	—	64.2	9.8
Grade						
6	71.3	8.9	55.8	8.5	64.5	6.8
7	66.9	5.7	59.1	7.4	63.5	5.2
8	78.9	6.3	80.4	9.0	79.5	5.1
Total	72.1	4.3	64.5	5.5	68.8	3.7
Rarely or never wore a helmet when using rollerblades or riding a skateboard						
Race/Ethnicity						
White	73.1	9.7	67.6	10.5	70.6	7.2
Black	—	—	—	—	70.3	9.7
Hispanic	75.5	5.4	73.5	5.9	74.7	4.5
Other	—	—	—	—	70.8	9.2
Grade						
6	70.0	10.1	69.5	8.9	70.0	8.8
7	69.7	6.0	69.0	7.4	69.3	4.6
8	81.0	6.7	79.6	9.2	80.4	6.3
Total	73.3	4.6	72.1	4.8	72.8	3.9

*Among the 75.2% of students who had ridden a bicycle.

†Among the 60.1% of students who had used rollerblades or ridden a skateboard.

§95% confidence interval.

¶Non-Hispanic.

**Not available.

Table 4I. Percentage of Middle School Students Who Had Ever Carried a Weapon,* Who Had Ever Been in a Physical Fight, and Who Had Ever Been Hurt in a Physical Fight,† by Sex, Race/Ethnicity, and Grade—San Bernardino USD, CA, Middle School Youth Risk Behavior Survey, 2003

Question	Male		Female		Total	
	%	CI [§] (±)	%	CI (±)	%	CI (±)
Carried a weapon						
Race/Ethnicity						
White [¶]	43.6	11.3	10.9	7.0	27.5	7.0
Black [¶]	36.4	9.0	12.1	5.3	23.9	5.7
Hispanic	35.9	5.1	17.5	4.9	27.0	4.1
Other	31.5	8.8	14.5	7.4	22.9	6.1
Grade						
6	25.9	6.1	9.1	7.0	17.5	6.0
7	37.4	6.5	13.7	3.5	25.8	4.8
8	49.6	7.0	21.1	5.8	35.7	5.5
Total	37.4	4.6	14.8	3.5	26.2	3.6
Were in a physical fight						
Race/Ethnicity						
White	62.7	12.3	36.3	10.9	50.0	8.8
Black	80.6	7.3	54.3	11.0	67.2	6.8
Hispanic	69.1	5.3	42.3	5.5	56.1	3.9
Other	70.1	8.4	39.9	10.8	55.0	6.4
Grade						
6	67.9	7.2	34.1	9.0	51.4	4.9
7	68.1	5.7	43.2	6.9	55.9	5.2
8	74.3	5.9	53.5	6.1	64.1	4.8
Total	69.8	3.8	43.6	4.5	57.0	3.1
Were hurt in a physical fight						
Race/Ethnicity						
White	7.4	4.2	3.6	3.5	5.5	2.8
Black	5.8	3.6	3.5	3.0	4.6	2.3
Hispanic	7.9	2.8	3.2	1.4	5.6	1.5
Other	10.8	6.9	2.7	2.8	6.8	4.0
Grade						
6	6.5	3.5	2.5	2.0	4.5	2.1
7	8.8	2.8	2.2	1.8	5.6	2.0
8	6.4	2.8	5.4	2.6	5.9	1.8
Total	7.4	1.8	3.3	1.3	5.4	1.2

*For example, a gun, knife, or club.

†Had to be treated by a doctor or nurse.

§95% confidence interval.

¶Non-Hispanic.

Table 5I. Percentage of Middle School Students Who Had Ever Seriously Thought About Killing Themselves, Who Had Ever Made a Plan About How To Kill Themselves, and Who Had Ever Tried To Kill Themselves, by Sex, Race/Ethnicity, and Grade—San Bernardino USD, CA, Middle School Youth Risk Behavior Survey, 2003

Question	Male		Female		Total	
	%	CI* (±)	%	CI (±)	%	CI (±)
Seriously thought about killing themselves						
Race/Ethnicity						
White [†]	17.1	6.7	25.3	9.6	20.9	6.3
Black [†]	25.5	9.2	24.1	7.9	24.8	6.3
Hispanic	18.0	3.7	28.3	5.2	23.0	3.3
Other	25.9	8.1	26.0	8.5	25.6	5.9
Grade						
6	16.6	6.6	19.8	6.8	18.2	4.0
7	20.3	3.5	23.5	5.0	21.9	3.1
8	21.2	5.6	37.0	7.7	28.8	4.6
Total	19.5	3.2	26.7	4.1	23.1	2.5
Made a plan about how to kill themselves						
Race/Ethnicity						
White	11.6	6.0	17.2	7.6	14.3	5.0
Black	9.7	5.8	8.6	4.5	9.1	3.3
Hispanic	10.0	2.6	13.2	3.6	11.6	2.0
Other	11.1	5.6	13.4	7.4	12.0	4.4
Grade						
6	8.7	5.8	7.0	5.5	8.0	3.0
7	10.2	3.0	10.2	2.9	10.2	2.3
8	11.6	3.8	19.9	5.4	15.7	2.9
Total	10.2	2.5	12.7	3.1	11.5	1.9
Tried to kill themselves						
Race/Ethnicity						
White	6.6	5.0	14.8	8.3	10.6	4.6
Black	15.5	8.8	8.3	4.4	11.8	4.7
Hispanic	7.7	3.0	10.4	3.8	9.0	2.3
Other	12.1	7.5	11.4	5.3	11.9	4.2
Grade						
6	7.9	6.1	1.4	1.4	4.7	3.6
7	10.4	3.5	9.4	2.8	9.9	2.5
8	8.3	3.7	20.7	6.9	14.3	4.4
Total	9.2	2.7	10.7	3.3	9.9	2.3

*95% confidence interval.

[†]Non-Hispanic.

Table 6I. Percentage of Middle School Students Who Had Ever Smoked Cigarettes, by Sex, Race/Ethnicity, and Grade—San Bernardino USD, CA, Middle School Youth Risk Behavior Survey, 2003

Question	Male		Female		Total	
	%	CI* (±)	%	CI (±)	%	CI (±)
Lifetime cigarette use[†]						
Race/Ethnicity						
White [§]	28.6	9.3	26.6	8.7	28.1	7.2
Black [§]	33.2	9.7	42.3	12.5	37.9	7.4
Hispanic	32.3	6.2	29.4	6.5	31.0	5.2
Other	25.7	9.0	31.8	9.1	28.2	7.8
Grade						
6	18.6	8.0	17.6	6.3	18.5	3.0
7	29.6	6.6	30.5	7.0	30.0	5.4
8	48.2	8.6	46.2	8.2	47.2	7.0
Total	31.5	5.5	31.4	5.2	31.5	4.3
Lifetime daily cigarette use[†]						
Race/Ethnicity						
White	3.0	2.3	3.1	2.4	3.0	1.5
Black	4.9	4.2	5.0	4.7	4.9	2.9
Hispanic	3.7	2.2	2.5	1.3	3.1	1.4
Other	5.9	3.8	1.2	1.8	3.7	2.3
Grade						
6	2.4	2.1	1.9	2.4	2.1	1.4
7	4.1	2.2	4.7	2.4	4.4	1.8
8	4.7	3.5	2.7	1.8	3.8	2.3
Total	3.8	1.7	3.1	1.3	3.5	1.1

*95% confidence interval.

[†]Ever tried cigarette smoking, even one or two puffs.[§]Non-Hispanic.[†]Ever smoked at least one cigarette every day for 30 days.

Table 71. Percentage of Middle School Students Who Smoked Cigarettes, by Sex, Race/Ethnicity, and Grade—San Bernardino USD, CA, Middle School Youth Risk Behavior Survey, 2003

Question	Male		Female		Total	
	%	CI* (±)	%	CI (±)	%	CI (±)
Current cigarette use[†]						
Race/Ethnicity						
White [§]	2.9	2.6	11.0	6.7	6.8	3.7
Black [§]	7.4	4.8	6.3	4.7	6.8	3.5
Hispanic	8.1	4.1	8.4	3.1	8.2	2.9
Other	5.0	3.7	4.3	3.6	4.6	2.6
Grade						
6	3.1	3.6	4.2	2.6	3.6	2.3
7	6.7	2.7	8.5	4.9	7.6	3.1
8	11.0	6.0	10.7	6.5	10.9	5.7
Total	6.9	2.8	8.3	3.0	7.5	2.5
Current frequent cigarette use^{††}						
Race/Ethnicity						
White	0.9	1.2	0.9	1.2	0.9	0.9
Black	1.1	2.1	0.0	0.0	0.5	1.1
Hispanic	2.0	2.9	0.6	0.7	1.3	1.6
Other	1.8	2.4	0.0	0.0	0.9	1.3
Grade						
6	2.0	3.6	0.2	0.3	1.1	2.0
7	0.2	0.4	0.4	0.5	0.3	0.3
8	2.1	2.5	1.0	1.2	1.6	1.8
Total	1.6	1.8	0.5	0.4	1.1	1.1

*95% confidence interval.

†Smoked cigarettes on ≥ 1 of the 30 days preceding the survey.

§Non-Hispanic.

††Smoked cigarettes on ≥ 20 of the 30 days preceding the survey.

Table 8I. Percentage of Middle School Students Who Used Smokeless Tobacco,* Smoked Cigars,[†] and Used Any Tobacco Product,[§] by Sex, Race/Ethnicity, and Grade—San Bernardino USD, CA, Middle School Youth Risk Behavior Survey, 2003

Question	Male		Female		Total	
	%	CI [¶] (±)	%	CI (±)	%	CI (±)
Current smokeless tobacco use						
Race/Ethnicity						
White**	1.2	1.6	4.5	4.3	2.8	2.3
Black**	3.4	3.5	1.2	2.3	2.3	2.1
Hispanic	4.2	2.2	4.3	1.6	4.2	1.5
Other	2.9	3.0	3.9	3.6	3.3	2.9
Grade						
6	1.6	1.9	2.4	2.3	2.0	1.4
7	3.7	2.1	3.9	2.1	3.8	1.5
8	4.8	3.9	3.9	2.0	4.4	2.3
Total	3.4	1.7	3.6	1.3	3.5	1.2
Current cigar use						
Race/Ethnicity						
White	2.8	2.6	4.4	3.2	3.6	1.9
Black	4.5	3.9	7.2	5.0	5.9	3.0
Hispanic	7.8	2.8	6.1	2.1	7.1	1.9
Other	4.9	3.6	4.4	3.8	5.0	2.7
Grade						
6	2.9	2.7	2.8	2.3	3.1	1.5
7	6.5	2.9	7.4	3.6	7.0	2.3
8	9.2	3.6	7.5	2.7	8.3	2.3
Total	6.2	1.9	6.0	1.8	6.2	1.3
Current tobacco use						
Race/Ethnicity						
White	4.4	3.5	13.9	7.6	8.9	4.1
Black	9.2	5.1	7.3	4.9	8.3	3.7
Hispanic	9.3	3.8	9.3	3.1	9.3	2.9
Other	6.2	4.0	6.5	4.7	6.3	3.4
Grade						
6	2.9	2.4	5.0	3.0	3.9	1.9
7	8.4	3.0	10.4	5.0	9.4	3.2
8	13.8	6.3	12.0	5.9	13.0	5.4
Total	8.3	2.8	9.5	3.0	8.9	2.5

*Used chewing tobacco, snuff, or dip on ≥ 1 of the 30 days preceding the survey.[†]Smoked cigars, cigarillos, or little cigars on ≥ 1 of the 30 days preceding the survey.[§]Reported current cigarette use, current cigar use, or had used chewing tobacco, snuff, or dip on ≥ 1 of the 30 days preceding the survey.[¶]95% confidence interval.

**Non-Hispanic.

Table 9I. Percentage of Middle School Students Who Had Ever Had a Drink of Alcohol,* Who Had Ever Used Marijuana, and Who Had Ever Used Cocaine,† by Sex, Race/Ethnicity, and Grade—San Bernardino USD, CA, Middle School Youth Risk Behavior Survey, 2003

Question	Male		Female		Total	
	%	CI [§] (±)	%	CI (±)	%	CI (±)
Lifetime alcohol use						
Race/Ethnicity						
White [¶]	36.6	10.4	32.7	10.8	34.7	8.0
Black [¶]	38.2	11.1	33.4	9.5	35.7	6.6
Hispanic	46.4	6.6	44.7	6.2	45.6	5.0
Other	35.4	9.5	38.1	10.3	37.2	7.3
Grade						
6	28.1	9.3	27.0	9.9	27.7	7.4
7	43.1	5.3	36.5	7.1	39.9	5.1
8	55.9	6.3	55.7	8.5	55.8	6.1
Total	42.5	4.5	39.6	5.4	41.1	4.1
Lifetime marijuana use						
Race/Ethnicity						
White	10.8	6.6	9.7	5.9	10.2	4.4
Black	23.3	7.6	12.5	6.6	17.8	5.2
Hispanic	18.6	4.3	13.5	4.3	16.1	3.5
Other	16.4	7.8	10.5	6.7	13.3	6.0
Grade						
6	13.8	7.7	1.4	1.3	7.6	4.3
7	15.3	3.7	12.3	4.0	13.9	2.8
8	25.0	6.9	21.9	6.3	23.5	5.0
Total	17.9	4.0	12.4	3.4	15.2	2.9
Lifetime cocaine use						
Race/Ethnicity						
White	2.5	2.5	2.1	2.2	2.3	1.6
Black	1.7	2.4	1.1	1.6	1.4	1.4
Hispanic	4.4	2.0	6.0	2.5	5.2	1.7
Other	3.3	2.5	2.2	2.0	2.7	1.7
Grade						
6	1.7	1.9	1.1	1.3	1.4	1.2
7	3.9	2.4	4.1	1.8	4.0	1.6
8	4.4	2.3	7.3	3.6	5.8	2.3
Total	3.5	1.3	4.1	1.6	3.8	1.1

*Ever had a drink of alcohol, other than a few sips.

†Ever used any form of cocaine (e.g., powder, “crack,” or “freebase”).

§95% confidence interval.

¶Non-Hispanic.

Table 10I. Percentage of Middle School Students Who Had Ever Used Inhalants* and Who Had Ever Used Steroids, by Sex, Race/Ethnicity, and Grade—San Bernardino USD, CA, Middle School Youth Risk Behavior Survey, 2003

Question	Male		Female		Total	
	%	CI [†] (±)	%	CI (±)	%	CI (±)
Lifetime inhalant use						
Race/Ethnicity						
White [§]	10.0	5.1	11.6	6.1	10.7	4.4
Black [§]	7.9	5.0	5.1	3.4	6.5	2.9
Hispanic	12.2	3.3	15.7	4.1	13.9	2.8
Other	8.2	5.1	11.3	5.6	9.6	3.4
Grade						
6	6.7	4.0	7.9	6.1	7.2	3.4
7	12.0	3.7	9.1	3.1	10.6	2.5
8	13.6	4.0	19.6	5.6	16.5	3.4
Total	10.7	2.4	12.6	3.1	11.6	2.2
Lifetime steroid use						
Race/Ethnicity						
White	4.3	3.2	4.9	4.9	4.6	2.9
Black	5.2	4.1	1.2	1.7	3.2	2.2
Hispanic	4.2	2.2	2.8	2.1	3.5	2.0
Other	3.4	3.0	2.8	3.2	3.1	2.1
Grade						
6	2.2	2.0	1.3	2.1	1.7	1.9
7	6.1	2.6	3.0	1.9	4.6	1.6
8	4.4	2.4	3.1	2.6	3.7	2.2
Total	4.3	1.5	2.8	1.5	3.6	1.3

*Sniffed glue, breathed the contents of spray cans, or inhaled any paints or sprays to get high.

†95% confidence interval.

§Non-Hispanic.

Table III. Percentage of Middle School Students Who Had Initiated Drug-Related Behaviors Before Age 11 Years, by Sex, Race/Ethnicity, and Grade—San Bernardino USD, CA, Middle School Youth Risk Behavior Survey, 2003

Question	Male		Female		Total	
	%	CI* (±)	%	CI (±)	%	CI (±)
Smoked a whole cigarette before age 11 years						
Race/Ethnicity						
White [†]	3.4	2.3	3.6	3.3	3.5	1.9
Black [†]	7.8	5.7	5.6	4.0	6.7	3.4
Hispanic	8.3	3.5	5.5	2.2	7.1	2.1
Other	8.6	5.2	5.7	3.7	7.2	2.9
Grade						
6	5.5	6.1	2.8	2.2	4.4	3.0
7	8.7	3.9	5.2	2.4	7.0	2.7
8	7.3	2.6	7.9	3.8	7.6	2.3
Total	7.2	2.7	5.2	1.6	6.3	1.6
Had first drink of alcohol before age 11 years[§]						
Race/Ethnicity						
White	17.5	7.0	19.1	9.2	18.3	6.5
Black	20.3	8.0	14.3	8.6	17.3	5.8
Hispanic	25.7	4.2	21.1	4.5	23.5	3.4
Other	17.9	6.9	20.8	8.4	19.3	5.4
Grade						
6	16.2	5.3	18.5	7.0	17.5	4.6
7	24.7	4.4	18.0	5.6	21.5	4.3
8	26.7	4.6	19.3	6.1	23.1	4.6
Total	22.7	2.8	19.0	3.6	20.9	2.5
Tried marijuana before age 11 years						
Race/Ethnicity						
White	2.4	3.0	0.0	0.0	1.2	1.5
Black	7.9	5.2	2.9	2.5	5.3	3.0
Hispanic	4.8	2.0	1.3	0.8	3.1	1.2
Other	3.9	3.8	1.8	2.5	2.8	2.3
Grade						
6	3.4	3.2	0.3	0.4	1.9	1.7
7	6.1	2.7	2.8	2.0	4.5	2.1
8	4.8	2.2	1.1	1.1	3.0	1.4
Total	4.9	1.7	1.4	0.8	3.2	1.1

*95% confidence interval.

[†]Non-Hispanic.

[§]Other than a few sips.

Table 12l. Percentage of Middle School Students Who Had Engaged in Sexual Behaviors, by Sex, Race/Ethnicity, and Grade—San Bernardino USD, CA, Middle School Youth Risk Behavior Survey, 2003

Question	Male		Female		Total	
	%	CI* (±)	%	CI (±)	%	CI (±)
Had ever had sexual intercourse						
Race/Ethnicity						
White [†]	17.6	8.9	8.6	6.9	12.9	5.7
Black [†]	26.1	9.2	13.7	7.6	19.6	5.9
Hispanic	21.5	4.4	8.4	2.7	15.0	2.8
Other	14.0	6.8	9.9	5.1	11.8	4.5
Grade						
6	14.5	7.6	5.8	3.7	10.0	4.4
7	17.3	4.7	7.7	3.1	12.6	3.4
8	32.9	5.8	14.6	4.2	23.7	3.5
Total	21.3	4.2	9.5	2.7	15.4	2.7
Had first sexual intercourse before age 11 years						
Race/Ethnicity						
White	2.7	2.9	5.4	6.4	4.1	3.6
Black	10.0	6.3	2.2	2.5	6.0	3.4
Hispanic	6.3	2.4	1.6	1.1	4.0	1.3
Other	4.1	3.4	2.3	2.6	3.5	2.2
Grade						
6	5.7	3.3	2.5	2.6	4.0	2.2
7	7.5	2.7	1.3	1.4	4.5	1.7
8	4.8	3.4	2.3	2.7	3.5	1.8
Total	6.2	1.9	2.4	1.5	4.3	1.2
Had ≥ 3 sex partners						
Race/Ethnicity						
White	9.0	5.4	6.3	6.4	7.6	4.1
Black	9.4	5.1	1.4	1.8	5.2	2.6
Hispanic	7.5	3.4	2.2	1.5	4.9	1.9
Other	3.5	2.9	4.4	4.1	3.9	2.8
Grade						
6	4.5	4.3	2.5	2.7	3.4	2.5
7	7.8	3.1	1.8	1.6	4.8	1.9
8	11.5	4.2	3.2	2.4	7.3	2.7
Total	8.0	2.5	2.9	1.6	5.4	1.6

*95% confidence interval.

†Non-Hispanic.

Table 131. Percentage of Middle School Students Who Had Used a Condom During Last Sexual Intercourse* and Who Had Ever Been Taught About Acquired Immunodeficiency Syndrome (AIDS) or Human Immunodeficiency Virus (HIV) Infection in School, by Sex, Race/Ethnicity, and Grade—San Bernardino USD, CA, Middle School Youth Risk Behavior Survey, 2003

Question	Male		Female		Total	
	%	CI†(±)	%	CI (±)	%	CI (±)
Used condom during last sexual intercourse						
Race/Ethnicity						
White§	—†	—	—	—	—	—
Black§	—	—	—	—	—	—
Hispanic	64.3	9.7	—	—	65.0	8.5
Other	—	—	—	—	—	—
Grade						
6	—	—	—	—	—	—
7	—	—	—	—	73.1	10.7
8	—	—	—	—	70.8	10.3
Total	67.3	8.9	—	—	67.5	7.7
Had been taught in school about AIDS or HIV infection						
Race/Ethnicity						
White	62.7	12.4	76.4	7.8	69.8	8.0
Black	71.1	9.9	67.9	9.5	69.4	7.6
Hispanic	58.0	7.3	57.9	7.9	57.8	7.0
Other	59.4	11.6	53.0	15.8	56.1	10.3
Grade						
6	37.0	8.9	39.7	11.1	38.3	9.2
7	75.6	5.5	74.2	6.3	74.9	4.8
8	74.6	7.0	74.2	6.7	74.4	5.5
Total	61.4	7.2	62.7	6.1	61.9	6.3

*Among the 15.4% of students who ever had sexual intercourse.

†95% confidence interval.

§Non-Hispanic.

†Not available.

Table 14l. Percentage of Middle School Students Who Had Participated in Sufficient Vigorous Physical Activity,* Who Had Played on Any Sports Teams,[†] and Who Had Watched ≥ 3 Hours per Day of TV,[§] by Sex, Race/Ethnicity, and Grade—San Bernardino USD, CA, Middle School Youth Risk Behavior Survey, 2003

Question	Male		Female		Total	
	%	CI [¶] (\pm)	%	CI (\pm)	%	CI (\pm)
Participated in sufficient vigorous physical activity						
Race/Ethnicity						
White**	70.9	10.6	71.6	10.2	71.4	7.8
Black**	63.9	8.9	54.4	10.0	59.0	7.0
Hispanic	66.1	6.8	66.0	5.4	66.0	5.0
Other	71.5	8.6	65.9	9.8	68.0	7.1
Grade						
6	58.7	9.0	55.8	9.8	57.3	6.7
7	68.3	5.0	66.3	6.3	67.3	4.6
8	74.8	8.1	72.8	8.4	73.8	7.1
Total	66.9	4.8	64.2	5.1	65.6	4.0
Played on any sports teams						
Race/Ethnicity						
White	52.1	9.5	44.6	9.3	48.1	6.9
Black	58.8	9.6	41.8	8.6	49.9	6.7
Hispanic	47.4	5.4	36.2	5.0	42.1	3.5
Other	48.1	10.0	31.2	9.6	40.2	6.6
Grade						
6	49.3	7.6	34.9	9.2	42.4	5.4
7	47.6	7.0	42.5	5.2	45.1	4.6
8	54.3	7.3	38.5	5.7	46.4	4.7
Total	50.3	4.1	38.7	3.9	44.6	2.6
Watched ≥ 3 hours per day of TV						
Race/Ethnicity						
White	50.8	8.9	46.3	11.2	48.9	7.2
Black	54.5	10.0	66.1	8.3	60.4	5.6
Hispanic	59.3	4.3	52.4	4.2	56.1	3.2
Other	58.4	10.3	44.5	9.9	51.1	6.4
Grade						
6	54.9	5.1	48.7	6.3	52.3	4.1
7	57.9	6.4	53.1	5.1	55.5	4.1
8	56.5	5.3	59.2	8.8	57.8	5.7
Total	56.7	3.1	54.1	3.7	55.6	2.6

*Exercised or participated in physical activities that made them sweat and breathe hard for ≥ 20 minutes on ≥ 3 of the 7 days preceding the survey (e.g., basketball, soccer, running, swimming laps, fast bicycling, fast dancing, or similar aerobic activities).

[†]Run by their school or community groups.

[§]On an average school day.

[¶]95% confidence interval.

**Non-Hispanic.

Table 151. Percentage of Middle School Students Who Were Enrolled in Physical Education (PE) Class* and Attended PE Class Daily,[†] by Sex, Race/Ethnicity, and Grade—San Bernardino USD, CA, Middle School Youth Risk Behavior Survey, 2003

Question	Male		Female		Total	
	%	CI [§] (±)	%	CI (±)	%	CI (±)
Were enrolled in PE class						
Race/Ethnicity						
White [¶]	88.2	8.5	94.3	4.7	91.2	5.9
Black [†]	89.0	6.5	88.4	5.8	88.7	5.3
Hispanic	88.9	3.3	92.1	2.1	90.4	2.1
Other	85.4	8.6	90.3	11.4	87.6	8.2
Grade						
6	82.5	7.3	84.9	5.3	83.7	5.5
7	93.1	3.0	94.2	2.3	93.6	2.2
8	91.9	3.7	95.0	2.6	93.4	2.3
Total	88.7	3.2	91.4	2.1	90.0	2.4
Attended PE class daily						
Race/Ethnicity						
White	76.7	8.9	86.0	7.0	81.3	6.2
Black	76.3	9.6	76.3	8.0	76.3	6.2
Hispanic	76.2	4.7	81.1	4.7	78.6	3.6
Other	72.3	9.1	78.8	12.3	75.5	7.7
Grade						
6	67.0	9.0	73.9	10.5	70.6	7.6
7	79.8	4.4	85.3	4.4	82.5	3.7
8	83.7	5.9	83.5	5.8	83.6	4.8
Total	76.4	4.1	80.7	4.1	78.5	3.3

*On one or more days in an average week when they were in school.

[†]5 days in an average week when they were in school.

[§]95% confidence interval.

[¶]Non-Hispanic.

Table 161. Percentage of Middle School Students Who Were at Risk for Becoming* or Were Overweight,[†] by Sex, Race/Ethnicity, and Grade—San Bernardino USD, CA, Middle School Youth Risk Behavior Survey, 2003

Question	Male		Female		Total	
	%	CI [§] (±)	%	CI (±)	%	CI (±)
At risk for becoming overweight						
Race/Ethnicity						
White [¶]	20.4	9.4	10.0	5.3	15.2	5.3
Black [¶]	13.5	7.4	19.3	7.3	16.3	5.2
Hispanic	18.0	3.9	22.0	4.5	19.9	2.9
Other	25.0	9.8	18.5	8.6	21.9	6.1
Grade						
6	17.6	6.0	18.2	8.7	17.9	4.0
7	22.3	4.3	18.8	4.4	20.5	3.1
8	14.2	5.1	20.2	4.5	17.0	3.1
Total	17.9	3.1	18.9	3.2	18.4	1.9
Overweight						
Race/Ethnicity						
White	22.0	8.0	12.5	8.0	17.2	6.1
Black	12.3	5.5	22.1	7.9	17.0	4.6
Hispanic	27.7	5.4	16.6	5.7	22.4	3.9
Other	16.9	9.4	17.4	6.5	17.1	6.1
Grade						
6	24.4	6.2	22.2	14.8	23.4	8.1
7	25.3	5.7	14.6	3.1	19.9	3.3
8	18.8	7.1	15.2	4.7	17.1	4.1
Total	23.0	3.9	16.9	4.5	20.0	3.0

*Students who were \geq 85th percentile but $<$ 95th percentile for body mass index, by age and sex, based on reference data.

[†]Students who were \geq 95th percentile for body mass index, by age and sex, based on reference data.

[§]95% confidence interval.

[¶]Non-Hispanic.

Table 171. Percentage of Middle School Students Who Described Themselves as Slightly or Very Overweight and Who Were Trying To Lose Weight, by Sex, Race/Ethnicity, and Grade—San Bernardino USD, CA, Middle School Youth Risk Behavior Survey, 2003

Question	Male		Female		Total	
	%	CI* (±)	%	CI (±)	%	CI (±)
Described themselves as overweight						
Race/Ethnicity						
White [†]	29.6	7.5	34.1	9.4	32.2	5.7
Black [†]	10.1	5.4	28.8	7.1	19.6	5.2
Hispanic	27.2	4.0	27.9	5.3	27.6	3.5
Other	21.2	8.2	26.8	9.8	24.8	5.3
Grade						
6	18.3	4.2	21.7	9.0	20.4	4.4
7	25.7	4.8	31.9	4.9	28.7	3.4
8	28.6	6.6	35.6	4.9	32.0	4.5
Total	24.3	3.1	29.2	4.1	26.9	2.7
Were trying to lose weight						
Race/Ethnicity						
White	44.8	9.2	50.7	10.1	48.0	7.6
Black	28.9	9.6	49.3	9.0	39.3	6.9
Hispanic	43.4	4.8	55.8	5.2	49.4	3.2
Other	34.0	8.5	43.6	13.1	38.9	7.8
Grade						
6	38.6	5.7	47.5	8.1	43.3	3.4
7	41.8	4.8	53.9	4.6	47.7	3.9
8	41.7	5.2	59.1	6.2	50.2	3.5
Total	40.5	3.1	52.9	3.9	46.7	2.3

*95% confidence interval.

[†]Non-Hispanic.

Table 18l. Percentage of Middle School Students Who Had Ever Engaged in Healthy Behaviors Associated with Weight Control To Lose Weight or To Keep from Gaining Weight, by Sex, Race/Ethnicity, and Grade—San Bernardino USD, CA, Middle School Youth Risk Behavior Survey, 2003

Question	Male		Female		Total	
	%	CI* (±)	%	CI (±)	%	CI (±)
Ate less food, fewer calories, or foods low in fat to lose weight or to keep from gaining weight						
Race/Ethnicity						
White†	35.7	8.4	54.0	9.2	44.9	6.0
Black†	41.0	8.8	53.9	9.7	47.6	7.2
Hispanic	40.3	4.1	52.7	5.5	46.4	3.7
Other	43.4	8.7	36.6	11.1	40.7	6.5
Grade						
6	39.9	7.8	50.4	10.1	45.3	6.7
7	41.1	4.2	51.9	4.7	46.4	3.0
8	37.1	5.3	56.8	5.3	46.8	3.5
Total	39.5	3.5	52.6	4.2	46.1	2.8
Exercised to lose weight or to keep from gaining weight						
Race/Ethnicity						
White	56.6	11.5	70.7	8.7	63.7	6.8
Black	56.9	9.2	61.0	9.2	59.0	6.5
Hispanic	64.4	4.8	72.1	5.2	68.1	3.9
Other	58.9	10.0	62.5	9.4	61.0	7.1
Grade						
6	55.5	7.0	64.1	8.6	60.0	7.0
7	64.0	5.3	69.9	5.1	66.9	3.0
8	66.0	5.8	76.0	5.4	71.0	3.5
Total	61.4	3.7	69.1	3.9	65.3	3.0

*95% confidence interval.

†Non-Hispanic.

Table 19I. Percentage of Middle School Students Who Had Ever Engaged in Unhealthy Behaviors Associated with Weight Control To Lose Weight or To Keep from Gaining Weight, by Sex, Race/Ethnicity, and Grade—San Bernardino USD, CA, Middle School Youth Risk Behavior Survey, 2003

Question	Male		Female		Total	
	%	CI* (±)	%	CI (±)	%	CI (±)
Went without eating for \geq 24 hours to lose weight or to keep from gaining weight						
Race/Ethnicity						
White [†]	12.4	6.2	24.7	8.6	18.4	5.3
Black [†]	17.9	6.9	22.2	6.1	20.1	4.1
Hispanic	14.1	3.6	20.2	4.7	17.1	2.9
Other	19.3	8.5	12.6	5.6	16.2	4.9
Grade						
6	12.6	6.3	15.8	6.5	14.3	4.3
7	17.8	4.3	20.7	4.0	19.2	3.5
8	13.5	3.8	27.5	5.7	20.4	3.5
Total	14.6	3.1	21.0	3.2	17.9	2.3
Took diet pills, powders, or liquids to lose weight or to keep from gaining weight[§]						
Race/Ethnicity						
White	3.0	2.6	9.0	5.4	5.9	2.8
Black	8.7	5.5	5.3	4.1	6.9	3.8
Hispanic	6.1	2.2	8.3	2.7	7.2	1.8
Other	6.6	5.6	7.0	5.0	7.0	3.9
Grade						
6	5.3	4.4	2.9	2.2	4.1	2.3
7	5.7	2.2	7.0	2.5	6.3	1.8
8	7.4	3.2	13.7	4.9	10.5	3.2
Total	6.0	2.0	7.7	2.2	6.8	1.6
Vomited or took laxatives to lose weight or to keep from gaining weight						
Race/Ethnicity						
White	1.9	2.3	6.8	4.2	4.3	2.3
Black	8.5	6.0	6.0	4.3	7.2	3.6
Hispanic	5.0	2.1	6.5	2.5	5.9	1.9
Other	7.1	5.5	10.2	7.9	8.8	4.5
Grade						
6	5.0	3.6	3.3	3.0	4.4	1.9
7	5.1	2.8	6.3	2.5	5.7	1.9
8	5.7	3.0	10.2	4.2	7.9	2.9
Total	5.2	1.9	6.5	2.0	5.9	1.4

*95% confidence interval.

[†]Non-Hispanic.

[§]Without a doctor's advice.